

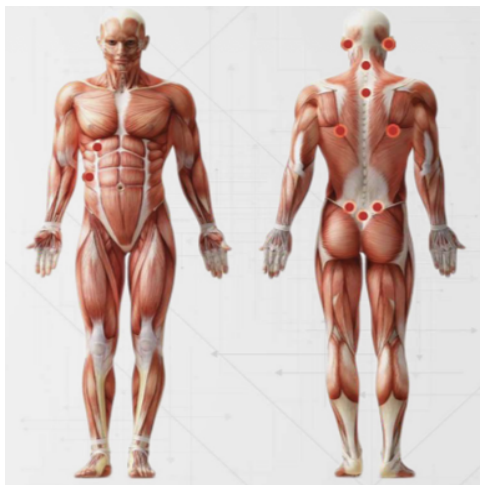


HealingWithCups

Out with the toxins, in with the fresh

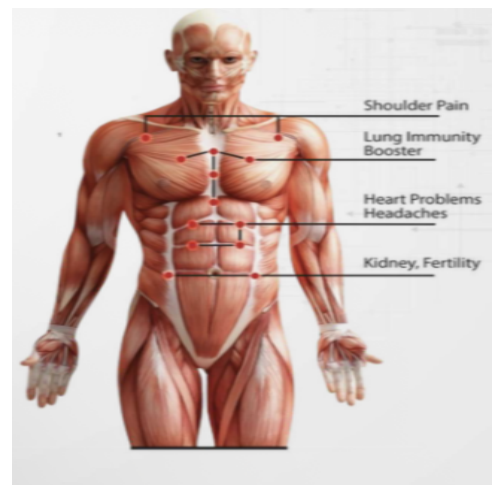
Traditional cupping

focusing mainly on the back and shoulders; Best for: First-time clients, stress relief, general wellness.....



Full body

full body detox including back, shoulder, legs.;Best for: full deep cleaning.....



Vital points

covering the full body and focusing on certain points which alleviate different ailments; Best for: general wellness, and to help with ailments like sciatica, high cholesterol, diabetes, eczema, headache, migraine etc.;a form will be provided on booking which you can highlight what issue you want to be focused on and the practitioner will aim specific points catering to you.

Dry cupping

using the cups to massage through the body and leaving it on different parts of the body;Best for: boosting circulation and muscle relaxation, speeding muscle recovery.....